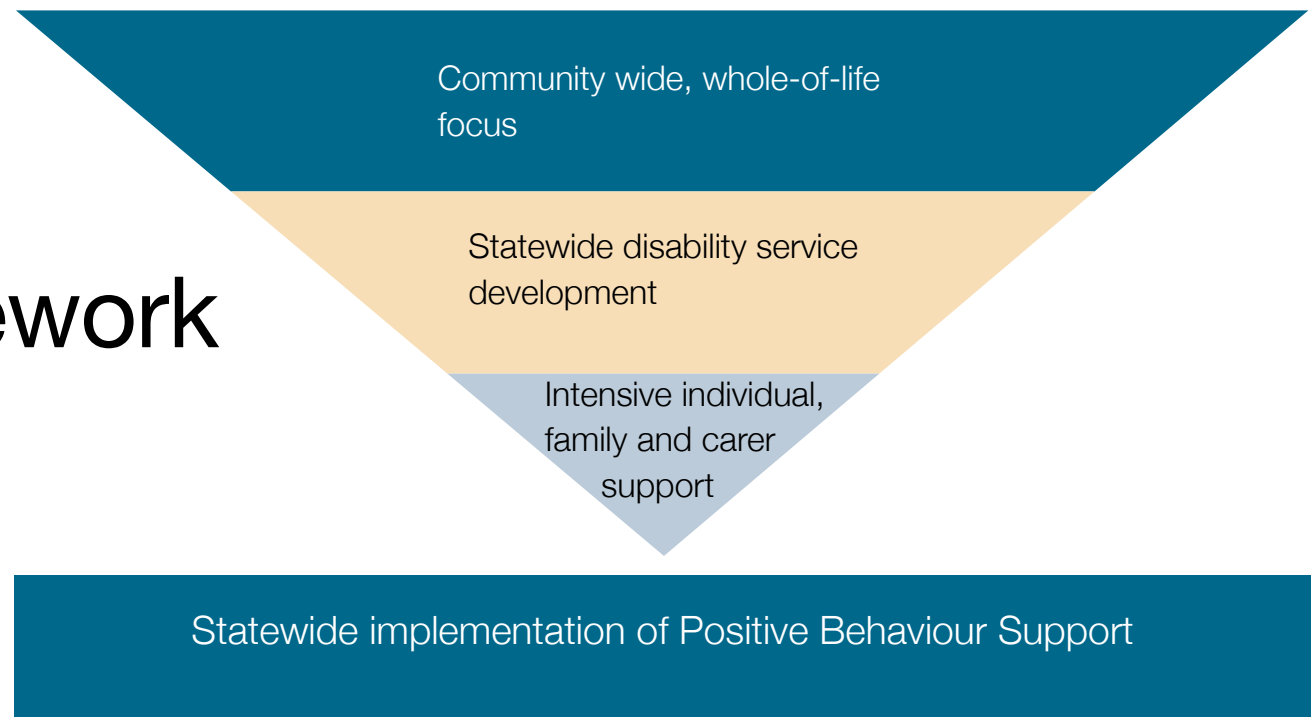


The Positive Behaviour Framework

Stage 2 (2013)



What is Positive Behaviour Support?

Positive Behaviour Support (PBS) is a set of research-based strategies used to increase quality of life and decrease challenging behaviour by teaching new skills and making changes in a person's environment.

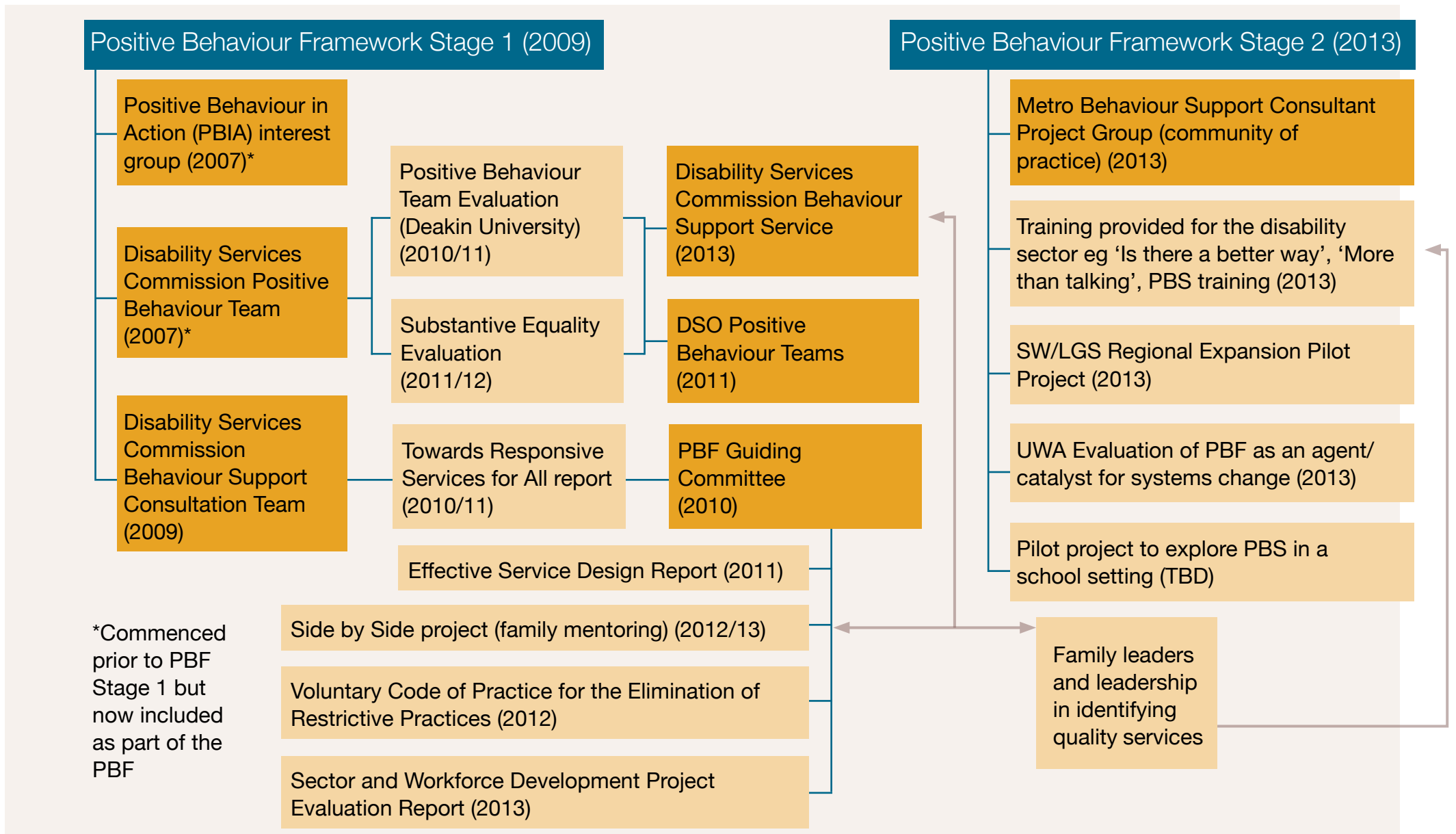
Positive Behaviour Support strategies are considered effective when interventions result in increases in a person's success and personal satisfaction and the enhancement of positive social interactions across work, academic, recreational and community settings.

Valued outcomes include increases in quality of life as defined by a person's unique preferences and needs and positive lifestyle changes that increase social belonging.

(Association for Positive Behaviour Support, 2013)

For further information, see www.disability.wa.gov.au > For disability service providers > Behaviour Support > Positive Behaviour Support > Information Sheet for Disability Sector Organisations

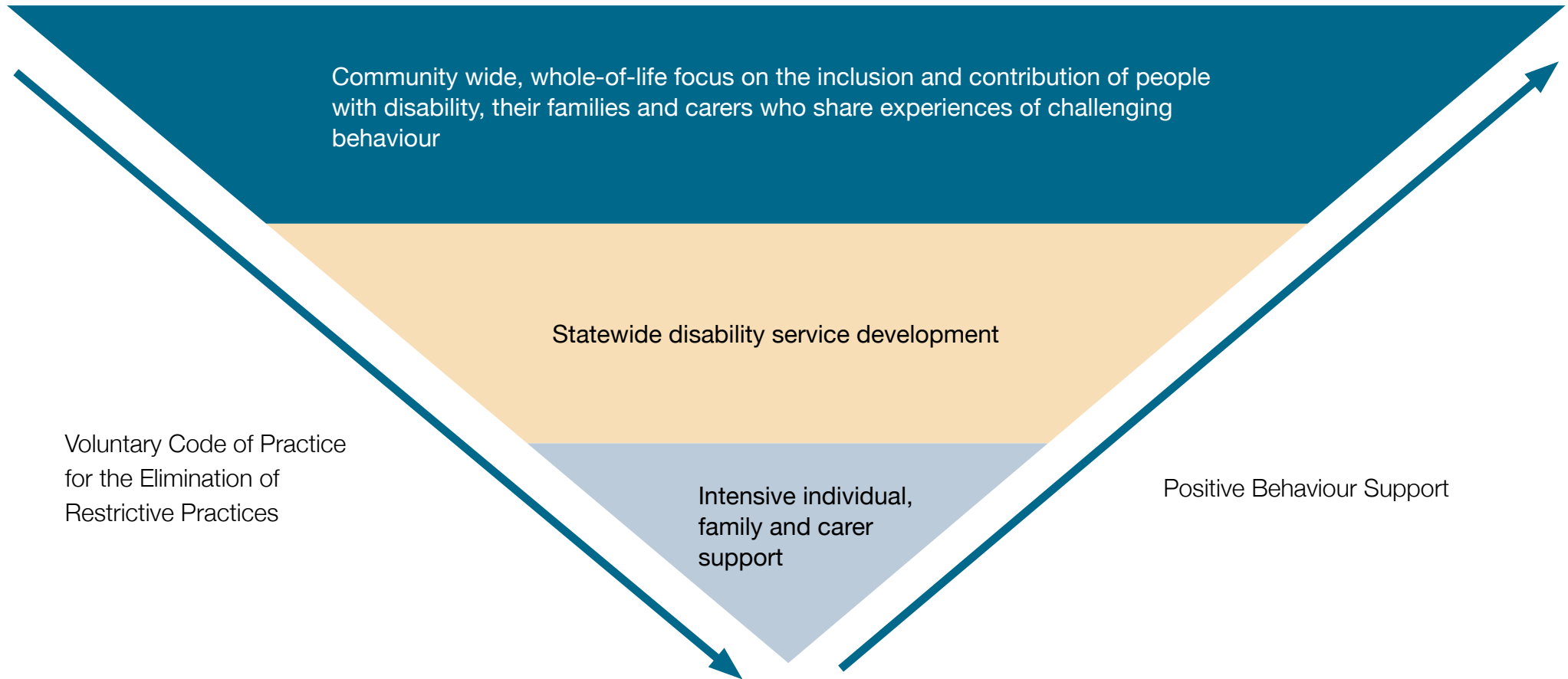
History and development of the Positive Behaviour Framework (Stages 1 & 2)



The Positive Behaviour Framework Stage 2

Vision: To help people with disability, their families and carers who share experiences of challenging behaviour to have a better life within the community

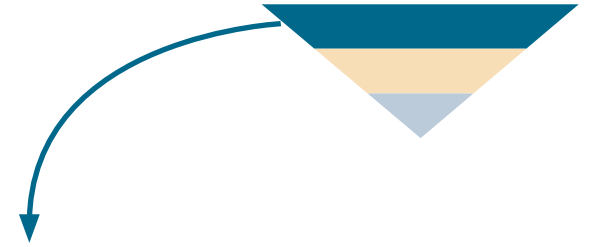
Mission: Building and supporting contemporary person centred behaviour support options within the community



Elements of the Positive Behaviour Framework Stage 2	Training provided for the disability sector
<p>Community wide, whole-of-life focus on the inclusion and contribution of people with disability, their families and carers who share experiences of challenging behaviour</p> <ul style="list-style-type: none"> Promote and safeguard human rights through the elimination of restrictive practices Raise awareness of and promote person centred, behaviour support Provide information and evidence to promote good practice Connect and facilitate behaviour support leadership Promote the recognition of family expertise. 	<ul style="list-style-type: none"> ‘Is there a better way?’: Families and service providers learn about the Voluntary Code of Practice for the Elimination of Restrictive Practices and the principles of Positive Behaviour Support. ‘More than talking’: to develop understanding of the role of communication in interpreting behaviour, of unmet needs in people’s lives and quality of life.
<p>Statewide disability service development</p> <ul style="list-style-type: none"> Build collaborative practice (community of practice) Embed person centred behaviour support throughout service providers Provide safeguarding for vulnerable people Coordinate a cohesive training framework in PBS Foster family leadership to support service providers in delivering individualised responses Provide specialised consultative support to the Commission’s directorates and disability sector organisations. 	<ul style="list-style-type: none"> Positive Behaviour Support: Staff develop understanding of how to practically apply Positive Behaviour Support strategies and design effective services. Behaviour Support Plans and BSP-QEII: Staff develop understanding of how to develop good quality person centred BSPs. ‘More than talking’: Staff develop understanding of the role of communication in interpreting behaviour, of unmet needs in people’s lives and quality of life. Ethical decision making: Staff develop understanding of ethical dilemmas and how to best deal with these when supporting people with challenging behaviour.
<p>Intensive individual, family and carer support</p> <ul style="list-style-type: none"> Provide person centred behaviour support Build and contribute to development of person centred behaviour supports and services. 	<p>Training per Statewide disability service development section above.</p>

The Positive Behaviour Framework Stage 2

Community wide, whole-of-life focus on the inclusion and contribution of people with disability, their families and carers who share experiences of challenging behaviour



Activities	Outcomes
<ul style="list-style-type: none"> • Work with other government departments (eg Education Department of West Australia, Mental Health Commission, Department for Child Protection and Family Support, Commissioner for Children and Young People) to review the Voluntary Code of Practice. 	<ul style="list-style-type: none"> • Promote and safeguard human rights through the elimination of restrictive practices
<ul style="list-style-type: none"> • Deliver public forums on a quarterly basis to promote best practice in Positive Behaviour Support. • Provide consultative support at a State and national level to support the introduction of Positive Behaviour Support and to eliminate the use of restrictive practices (eg consultative support to the Office of Senior Practitioner South Australia) • Training and development to government and universities in PBS and interdisciplinary work. <ul style="list-style-type: none"> ▫ Sharing, accessing and promoting of evidence base in behaviour. • Presentations at forums (eg the Australasian Society for Intellectual Disability). 	<ul style="list-style-type: none"> • Raise awareness of and promote person centred, behaviour support
<ul style="list-style-type: none"> • Prepare and publish a Sector Update for the Commission’s website to outline and describe the range of initiatives and activities that are happening under the Positive Behaviour Framework across the disability sector, in other government departments and in the community generally. • Promote the role of leadership in Organisational change. 	<ul style="list-style-type: none"> • Connect and facilitate behaviour support leadership

Activities

Outcomes

- Develop resources on the Disability Services Commission’s website that can be accessed by external parties as required, eg the ‘Toolbox’ which is a collection of resources that are freely available to assist other interested parties to guide in the introduction of Positive Behaviour Support.
- Develop a pilot project to trial the introduction of Positive Behaviour Support into one school setting in Western Australia.
- Develop research activities that provide evidence of improvements to the quality of life for people with disability, their families and carers. For example:
 - research partnership with the University of Western Australia to evaluate the impact of Positive Behaviour Support
 - research partnership with Deakin University to investigate the impact of improved approaches to behaviour support on the use of restrictive practices.

- Provide information and evidence to promote good practice

- Work with the peak bodies and key community members to promote the Side by Side family mentoring project
- Support the continuing development and delivery of the ‘Is There a Better Way’ training which is delivered by families to both Service Providers as well as other families.

- Promote the recognition of family expertise.

The Positive Behaviour Framework Stage 2

Statewide Disability Service Development
(Positive Behaviour Support strategies for the disability sector)



	Activities	Outcomes
Systems	<p>Service design</p> <ul style="list-style-type: none"> • Guide to Effective Service Design • Sector and Workforce Development Project (recommendations). <p>Eliminating the use of restrictive practices</p> <ul style="list-style-type: none"> • Voluntary Code of Practice for the Elimination of Restrictive Practices • ‘Is there a better way?’ workshops. 	<ul style="list-style-type: none"> • Services are designed to support people using principles of Positive Behaviour Support (PBS) • Recommendations are employed by services to increase their capacity to support people with disability, their families and carers who share experiences of challenging behaviour. • Code of Practice is used by all to reduce and eliminate restrictive practices • Families and service providers have the opportunity to learn about the code of practice and the principles of PBS.
Organisational	<p>Person centred behaviour support planning</p> <ul style="list-style-type: none"> • Enhancing the quality of person centred behaviour support (BSP-QEII). <p>Processes and procedures</p> <ul style="list-style-type: none"> • Positive Behaviour Support: central collection of PBS resources, such as templates and processes • Positive Behaviour Support panels: building collaborative practice across the disability sector. 	<ul style="list-style-type: none"> • Increase in the number of good quality evidence based person centred support plans in place for people with disability. • Services implement robust and consistently applied organisational systems and processes that support and embed good behaviour support practices • Transparent, accountable, justifiable decision making processes are used when considering use of a restrictive practice.

	Activities	Outcomes
Workforce	<p>Staffing structure</p> <ul style="list-style-type: none"> Behaviour Support Consultants. <p>Staff development strategies</p> <ul style="list-style-type: none"> Positive Behaviour In Action (PBIA) group 'More than Talking' training Positive Behaviour Support training. 	<ul style="list-style-type: none"> Strengthen embedded leadership and confidence within organisations in the use of positive behaviour support principles. Peer support group promotes the applied experience of PBS principles Staff develop understanding of the role of communication in interpreting behaviour, of unmet needs in people's lives and supporting better quality of life for people with disability, their families and carers who share experiences of challenging behaviour Training for direct care workers and supervisors in the practical application of PBS strategies, including Effective Service Design (based on Advanced Behaviour Support skills set training).
Individual and families/carers	<p>Consultancy Support</p> <ul style="list-style-type: none"> Behaviour support consultation for disability sector organisations and Commission directorates Cross sector collaboration Safeguarding consultation to supplement internal processes in disability sector organisations <p>Family leadership</p> <ul style="list-style-type: none"> Families supporting families where challenging behaviour has a significant impact on their lives; such as the Side by Side project 	<ul style="list-style-type: none"> Organisations have greater access to clinical consultancy support which increases their capacity to support people with disability, their families and carers who share experiences of challenging behaviour Connection to leadership, information and advice within and across disability sector organisations People who are at risk to themselves and others are kept safe. Long term sustainable supports for families who share experiences of challenging behaviour are in place to: <ul style="list-style-type: none"> build ongoing support develop awareness of service quality inform and lead service sector reform.

The Positive Behaviour Framework Stage 2

Intensive individual, family and carer support



Activities	Outcomes
<ul style="list-style-type: none"> • Direct clinical Positive Behaviour Support: <ul style="list-style-type: none"> ▫ Interdisciplinary ▫ Systemic intervention with individuals, families, carers and key stakeholders ▫ Collaborative inter-agency response to complex behavioural issues, facilitate understanding and awareness of need and increase skill in government and disability sector organisations. • Behaviour Support Service teams: <ul style="list-style-type: none"> ▫ Initial Response ▫ Brief Response ▫ Family System Response ▫ Capacity Building Response ▫ Accommodation Response. 	<ul style="list-style-type: none"> • Elimination of restrictive practices. • Person centred behaviour strategies to meet needs. • Increased capacity to exercise choice and control. • Increased engagement in services and supports. • Sustained behaviour and quality of life. • System change. • Improved quality of life. • Increased capacity for family leadership.
<ul style="list-style-type: none"> • Consultation to disability sector organisations, Local Area Coordinators, government departments regarding PBS to support people with disability, their families and carers to access responsive services. 	<ul style="list-style-type: none"> • Improvement in access to timely, effective and responsive support through building skills, leadership and collaboration amongst disability sector organisations, Local Area Coordinators and government departments.
<ul style="list-style-type: none"> • Build and contribute to development of person centred behaviour supports and services in disability sector organisations. 	<ul style="list-style-type: none"> • Increased choice of service and support options.



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